



Do you work with older adults or others who may be at risk of falling?

If you would like to help them reduce their falls risk, this one day training program is for you!

WHO
Those interested in hosting and facilitating a falls risk assessment program for their patients/clients.

WHAT
Learn to become a facilitator of **Staying on Your Feet (SOYF)** - a new group-based fall risk assessment program based on current best practice recommendations. SOYF program participants will learn about their relevant fall risk factors and create an action plan for reducing their risk.

WHEN
Monday, November 20, 2017, 9:30 am - 4:00 pm

WHERE
Perth District Health Unit, 653 West Gore St., Stratford

WHY
Our population is rapidly aging and if we better understand what puts people at risk for falls and what to do about it, they will be less likely to fall.

This program is offered at NO COST, but participants are asked to bring a bagged lunch.



Please contact Chera Longston to register:

- clongston@pdhu.on.ca
- 519-271-7600 ext 320 or toll-free 1-877-271-7348 ext 320

